

**Department of Personnel & Training (GoI) sponsored  
Training For All (TFA): Intensive Training Program (ITP) for  
Department of Women Development & Child Welfare (WD &CW), Telangana**

**Training of Trainers Programme on Bystander Intervention  
from to**

**Course Coordinator :**

**Aims:**

- 1) To impart the knowledge and skills and promote positive attitude on intervention of bystanders in a safe and strategic manner, when witnessing a crime or harassment situation, to reduce the incidence of violence against women and children.
- 2) To build trainer capabilities for conducting teaching sessions on Bystander Intervention.

**Objectives:**

*At the end of the training, the participants will able to:*

- 1) Compare the increase in crimes against women and children in India over the past years
- 2) Describe the International perspective on Bystander Intervention
- 3) Describe the concepts of Bystander and Active bystander
- 4) Evaluate the constraints / barriers preventing a bystander from intervening and strategies to overcome them
- 5) Formulate the strategies for dealing with situations where there is no Bystander
- 6) Appraise the safe and practical intervention techniques
- 7) Examine the legal background of Bystander Intervention
- 8) List out various Help-lines and reporting tools for active bystander intervention
- 9) Identify strategies for Social Bystandership
- 10) Identify strategies for Long term Bystandership
- 11) Recognize the need for breaking the Gender stereotypes in child hood
- 12) Practice the basics of First-aid including CPR
- 13) Conduct teaching sessions on Bystander Intervention

**SESSION PLAN**

<b>DAY</b>	<b>SESSION</b>	<b>TOPIC</b>	<b>METHODOLOGY</b>	<b>FACULTY</b>	
<b>Day-1</b>	10.00am to 10.45 am	Registration Inauguration, Introductions and Expectations Training Programme Overview		PDI Team	
	10.45am to 11.00am	<b>Crimes against Women and Children (CAWC) in India (NCRB Report 2021)</b> – Status of women & children safety in India	Lecture and Video	<b>Smt K. Soumya Rani,</b> Faculty	
	11.00am to 12.00 noon	<b>Causes and concerns leading to CAWC</b> – Various strategies to contain CAWC	Group discussion and presentations		
	<b>Tea break</b>				
	12.15 to 1.15pm	<b>Introduction to Bystander Intervention</b> as an effective strategy to contain crimes	Lecture and interaction Video	<b>Sri Srinivas Madhav,</b> Nodal Officer, TFA-ITP for WD&CWD	
	<b>Lunch break</b>				
	2.15pm to 3.00pm	<b>Barriers preventing a Bystander</b> from intervening - Strategies to overcome them - Legal Background of Bystander Intervention	Case studies and discussion Handout on Good Samaritan Scheme	<b>Sri Srinivas Madhav</b>	
	3.00pm to 3.30pm	<b>Effective and safe Bystander Intervention Tools</b> <b>Where there is no Bystander;</b> Long-term bystander strategies and Social Bystandership	Lecture, Video and interaction	<b>Sri Srinivas Madhav</b>	
	3.30pm to 4.00pm	<b>Gender Inclusive Language;</b> <b>Combating Image based Abuse</b>	Lecture, Video and interaction	<b>Sri Srinivas Madhav</b>	
	<b>Tea break</b>				
4.15pm to 6.00pm	<b>Application of BIT</b> in effective implementation of various laws for protection of women and children - Crimes against children - Child marriage prevention - Child Labour - Child trafficking - Women trafficking - Eve teasing - Ragging - Drug abuse - Violations of PCPNDT Act - Domestic violence - Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act - Rape - Micro Aggression - RTI against Corruption	Small group discussion followed by presentations	<b>Smt Jhansi Rani</b>		

DAY	SESSION	TOPIC	METHODOLOGY	FACULTY
Day –2	10.00am to 10.15am	<b>Recap</b>		
	10.15am to 10.45am	Plenary presentations		<b>Smt Jhansi Rani</b>
	10.45am to 11.30am	<b>General principles governing Crimes</b>	Lecture and interaction	<b>Prof. A.S. Ramachandra,</b> Alt.Nodal Officer, TFA-ITP for WD&CWD
	<b>Tea break</b>			
	11.45 am to 12.15 pm	<b>Strategies to cope up with Stress</b>	Lecture and practical exercises	<b>Prof. A.S. Ramachandra,</b>
	12.15 pm to 01.15 pm	<b>Breaking Gender stereotypes in childhood –Digital active bystander ship</b> -Various Help-lines, Apps and reporting tools — Remote bystander ship - <b>Role Play</b>	Lecture Video Group work and presentations	<b>Smt Tejaswini,</b> Women Welfare Officer, MSK, WD&CWD
	<b>Lunch break</b>			
	02.15pm to 03.30pm	Basics of <b>First Aid</b> including <b>Cardiopulmonary Resuscitation (CPR)</b>	Lecture and demonstration	<b>Dr Pratibha Lakshmi,</b> Professor, OMC
	<b>Tea break</b>			
	3.45pm to 04.45pm	Basics of <b>First Aid</b> including <b>Cardiopulmonary Resuscitation (CPR) Contd.</b>	Lecture and demonstration	<b>Dr Pratibha Lakshmi,</b> Professor, OMC
	4.45pm to 5.45pm	<b>Accidents involving in a motor vehicles</b> : Prevention and Role of Bystanders in saving lives: Good Samaritan Rules ( Central Motor Vehicles (12 Amendment) Rules,2020)	Lecture	<b>Dr. Srinivas Puppala</b> Deputy Transport Commissioner
	5.45pm to 6.15pm	Presentation skills wrt relevant target groups	Lecture and interaction	<b>Sri Srinivas Madhav</b>
6.15pm to 6.30pm	Preparation for Practice sessions			
Day –3	10.00 am to 1.00pm	Practice sessions by participants		PDI team
	<b>Lunch break</b>			
	2.00pm to 4.30pm	Practice sessions by participants		PDI team
	4.30pm to 5.00pm	Evaluation & Valedictory		PDI team